

## Classical massages

### Relaxing

This massage provides physical and mental relaxation and an all-round sense of well-being. Also available without the use of aroma-therapy oil.

25 min | CHF 90  
50 min | CHF 150  
75 min | CHF 210

### Sport

Suitable for relieving muscular tension or rehabilitation following injury. Also suitable for deep tissue massage.

25 min | CHF 90  
50 min | CHF 150  
75 min | CHF 210

### Yin-Yang

Massage of the shoulder and head followed by the feet to release physical tensions.

50 min | CHF 150

### Head

A stress reducing treatment of the shoulders, neck, scalp and face.

25 min | CHF 90  
50 min | CHF 150

### Foot reflexology

A revitalizing massage of pressure points from feet to knees.

25 min | CHF 90  
50 min | CHF 150

## Special massages

### Ayurveda abhyanga

An ancient Indian therapeutic massage that uses warm sesame oil to nourish the skin and harmonizes the body and mind.

50 min | CHF 170  
75 min | CHF 230

### Lomi-Lomi

A traditional Hawaiian massage with vigorous, flowing movements to relax and purify the body.

50 min | CHF 170  
75 min | CHF 230

### Lymphatic drainage

Light pressure treatment to drain the lymphatic system and eliminate toxins.

50 min | CHF 170  
75 min | CHF 230

### Hot Stone

Heated volcanic basalt stones glide over energy lines and muscles. Provides deep relaxation.

50 min | CHF 170 Prenotice 3 hours  
75 min | CHF 230 Prenotice 3 hours

### Zermatt Touch

A hotstones treatment of the back followed by foot reflexology.

50 Min | CHF 170 Prenotice 3 hours

### On the rocks

A combination of classic massage sessions and hot stones targeted at the muscle area of your choice.

50 min | CHF 170 Prenotice 3 hours  
75 min | CHF 230 Prenotice 3 hours

## Body treatments

Experience our heated SPAVITAL stone table with treatments that evoke the sense of wellbeing of the body and the mind. We recommend taking a steam bath about ten minutes before the treatment.

### Sultan the magnificent

Full body scrub with a special exfoliation mitten, a bubble soap massage followed by a full body oil massage to nourish the skin.

75 min | CHF 260 Prenotice 24 hours  
Not suitable for pregnant women.

### Princess Scheherazade

Full body scrub with a special exfoliation mitten, a bubble soap massage followed by a hot stones massage for skin rehydration and pure relaxation.

75 min | CHF 260 Prenotice 24 hours  
Not suitable for pregnant women.

### Detox

Full body scrub with sea salt, seaweed wrap followed by a full body oil massage that regenerates the skin.

75 min | CHF 260 Prenotice 24 hours  
Not suitable for pregnant women.

### Pain Relief

Full body peeling with a mixture of salt, sugar and essential oils. Followed by a clay pack, specially developed for joints and muscles. At the end a body massage with arnica oil for rehydration and rejuvenation.

75 min | CHF 260 Prenotice 24 hours  
Not suitable for pregnant women.

## Information & booking

Please contact the SPA reception: int. 875  
or hotel reception: int. 800  
Tel +41 27 966 68 68

Important:  
Please inform your therapist about any health problems, allergies or injuries that may affect your massage treatment.  
To cancel or change a booking please give us

24 hours notice. We reserve the right to charge you for any missed appointments.  
Late arrivals will receive treatment for the time remaining.